



Shri Onkar Singh Memorial Trust®

(Public Charitable Trust)

B-12 NBT Apartments, Mayur Vihar, Phase-I, Delhi-110 091 (India) Tel.: 91-11-22752678

Free Surgical cum Medical Camp – A Report (September 30, 2018 to October 6, 2018)

The *Shri Onkar Singh Memorial Trust (SOSMT)* conducted their fifty-second free surgical cum medical camp in village Nougran, tehsil and district Jammu, in the J & K State from September 30, 2018 to October 6, 2018, both days inclusive. This was our twelfth camp at the same venue. A large number of patients from far off places like Reasi, Udhampur, Doda, Jourian, and border areas of R S Pura and Arnia attended the camp and received free medical and surgical treatment. One patient from UP, with a mixed salivary tumour of the submandibular gland, also attended the camp and underwent surgical excision of her tumour.

The Background

This camp was earlier planned to be held at Reasi where we had held a camp way back in March 2008. A recce of the site had also been done by us in April this year and the new building of the Reasi hospital was likely to be the venue of the camp. However, because of some problems of logistics and some changes in the Directorate of Health Services at Jammu, the plan could not materialize. We, therefore, chose our usual favoured venue at Nougran for the purpose. By this time, the bridge on the streamlet running along the camp site in Nougran was in place. What remains to be done now by the authorities is to construct a proper road which would connect the village to the highway. For this, the authorities would first have to remove encroachments on the pathway that already existed there.

The Spadework

The effort to conduct a surgical cum medical camp at Nougran is relatively less as compared to some other venues. All the surgical equipment already lies here. Board and lodging of the visiting team is already streamlined. Taara Singh and his team, under the overall guidance of Sh Ghanisham Singh, managed the kitchen. Food and shelter was not only provided for the visiting team from Delhi but also for the patients and their relatives. Prof P S Charak arranged the anesthesia gases for the operation theatre. Medicines, sutures, gloves and other consumables were procured in Delhi and transferred to Jammu. Word about the forthcoming camp was spread through media as well as personal contacts.

The Finances

Somehow, we were not able to raise sufficient funds for this camp from our usual benefactors. The expenses for the camp were primarily met from personal contributions while the local residents helped us meet the kitchen expenses. We were eventually able to provide meals to the OPD patients, operated patients as well as their relatives. We would request all our well wishers to contribute to this great cause and be/remain a part of this benevolent venture.

Arrival at Nougran : Setting up the Camp

The medical team consisting of doctors, nurses, paramedical personnel and volunteers reached the Jammu railway station on the morning of September 30, 2018 and were transported to Nougran by our newly procured ambulance and personal cars of volunteers. At Nougran, soon after settling down and having breakfast, the OPD work was started. A crowd of patients was already waiting there for us. Operative work had to start from next day, i.e., Monday. So patients were selected and shortlisted for surgery. The operation theatre was got ready in the usual manner. Vicky from Bishnah provided us intravenous fluids as usual while Prof P S Charak arranged the anesthesia gases.

Camp Activities

A total of 775 patients were examined and treated in our OPD. Of these, 56 underwent major and minor operative procedures. As usual, patients travelled long distances to reach the camp. We are satisfied that people come to our camp from remote districts of the Jammu province. One patient came to us from Uttar Pradesh. She had come to know of this camp through one of her relatives. She had been suffering from a rather disfiguring submandibular gland tumour for some four years but could not afford her treatment in a private hospital. She had her surgery in our camp. Dr Devinder Kumar, erstwhile professor of colo-rectal surgery in London, came all the way from UK to attend and participate in the camp. Dr S B Taneja, Dr Lalita Sharma and Dr Hira Lal managed the OPD. One Dr Jasbir Kour, a gynecologist running her own hospital in Jammu, was kind to join us and help us with gynecological patients in the OPD as well as the operation theatre. She has promised to join us in this mission in future too. This time, we did not have our usual OR nurses with us. The team consisting of Munish, Mukesh, Kishan and Mohit did a great job and we did not feel any want of the trained OR nurses. As usual, gall stones surgeries outnumbered the others.

The overall statistics of the camp are as follows:

1. Total outdoor attendance	775
2. Total indoor admissions	36
3. Total number of surgical procedures	56
• Major surgical procedures (necessitating general or spinal anaesthesia)	34
• Minor surgical procedures (requiring local/regional anaesthesia; including sebaceous cysts, lipomas, etc.)	22
4. Major surgical procedures: A breakup (34 cases)	
• Abdominal (Cholecystectomy 17)	17
• Mixed Salivary (Sub-mandibular gland) Tumour	1

- Genito-urinary 4
(Pyelolithotomy 1; cystolithotomy 1)
- Gynecological 3
(Vaginal hysterectomy, prolapse repair 1;
Abdominal hysterectomy 1)
- Breast 2
- Hernias 6
(Inguinal 3, including one with undescended testis;
ventral/incisional 2; congenital 1)
- Pilonidal sinus 1

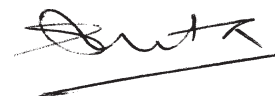
Return to Delhi

The team left Jammu by the Jammu Rajdhani train on the evening of October 6, 2018 to reach Delhi early in the morning of October 7, 2018.

Future Plans

Our next, fifty-third, camp is again planned to be held at Nouggran. The dates are November 18 to 24, 2018, both days inclusive.

October 15, 2018



S K Mehta

Chairman, SOS Memorial Trust



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So far...

Here is a summary of the services rendered by the *Shri Onkar Singh Memorial Trust* through the holding of free surgical cum medical camps starting from the year 2000.

Venue-Duration	OPD Attendance	Indoor Admissions	Operations		
			Major	Minor	Total
First 42 camps Between October 2000 and April 2015	58,040	1676	1455	963	2418
43. Basohli (Distt. Kathua, J & K State) October 25, 2015 – October 31, 2015	972	23	23	15	38
44. Nouggran (Distt. Jammu, J & K State) November 29, 2015 – December 5, 2015	830	37	37	38	75
45. Phagwara (Distt. Kapurthala, Punjab) March 27, 2016 – April 3, 2016	2033	37	37	16	53
46. Nouggran (Distt. Jammu, J & K State) October 16, 2016 to October 22, 2016	2033	37	36	24	60
47. Kundli (Distt.Sonepat, Haryana) November 20, 2016 to November 26, 2016	796	21	21	4	25
48. Nouggran (Distt. Jammu, J & K State) March 12, 2017 to March 18, 2017	1186	48	48	39	87
49. R S Pura/Nouggran (Distt. Jammu, J & K State) April 9, 2017 to April 15, 2017	1186	52	39	9	48
50. Nouggran (Distt. Jammu, J & K State) Novemberr 4, 2017 to November 11, 2017	963	52	52	22	74
51. Nouggran (Distt. Jammu, J & K State) April 1, 2018 to April 7, 2018	1205	42	41	42	83
52. Nouggran (Distt. Jammu, J & K State) September 30, 2018 to October 6, 2018	775	36	34	22	56
Total	67,915	2,061	1,823	1,194	3,017



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Free Surgical cum Medical Camp at Nougtran, District Jammu, J & K State (September 30, 2018 to October 6, 2018)

Names of Participants

1. Dr K S Charak (MS, FRCS)	:	Surgeon
2. Dr Devinder Kumar (FRCS)	:	Surgeon
3. Dr R Sawhney (MD)	:	Anesthesiologist
4. Dr M S Yadav (MS)	:	Surgeon
5. Dr S B Taneja (MS)	:	Surgeon
6. Dr Ajit Deshmukh (MS)	:	Surgeon
7. Dr Lalita Sharma (DCH)	:	Paediatrician
8. Dr Hira Lal	:	Surgeon
9. N D Khanna	:	Administrator
10. Ms Shakuntala	:	Nurse
11. R C Yadav	:	Male Nurse
12. Harsh Kapoor	:	Pharmacist
13. Munish	:	OR Technician
14. Kishan	:	OR Technician
15. Mukesh	:	OR Assistant
16. Mohit	:	OR Assistant
17. Ms Raj Khanna	:	Volunteer
18. Gurbaksh Singh	:	Volunteer
19. Ravi Sharma	:	Volunteer
